

ER Discharge Questions Sheet

Large-print worksheet to use before leaving the emergency room.

Name: _____ **Date:** _____

ER / Hospital: _____

1. What happened today?

Diagnosis / what the team thinks happened:

What serious problems were checked for:

What is still uncertain:

2. Are any test results still pending?

☐ No ☐ Yes

Which tests are still pending:

Who will review the results / contact me:

When should I expect the result:

Who should I call if I do not hear back:

Medicines, Warning Signs & Follow-Up

3. Did any medicines change?

☐ No change ☐ New medicine ☐ Stopped / held ☐ Dose changed

Medicine / change:

When is my next dose:

Special instructions (food, driving, alcohol, sleepiness, dizziness):

4. What warning signs should I watch for?

Call my doctor / clinic if:

Return to the ER if:

Call 911 if:

5. Who should I follow up with - and how soon?

Doctor / clinic / specialist:

Follow-up deadline:

Phone / appointment details:

6. Is it safe for me to do my normal activities?

☐ Drive ☐ Use stairs ☐ Shower alone ☐ Exercise ☐ Stay alone tonight

Restrictions / help needed at home:

7. Questions I still have

Before leaving, say the plan back in your own words:

"I want to make sure I understood. Can I tell you what I think the plan is?"

Important: This worksheet is for organization and communication only. It does not replace your ER discharge instructions or individualized medical advice. If you believe you are experiencing a medical emergency, call 911 or seek emergency medical care immediately.